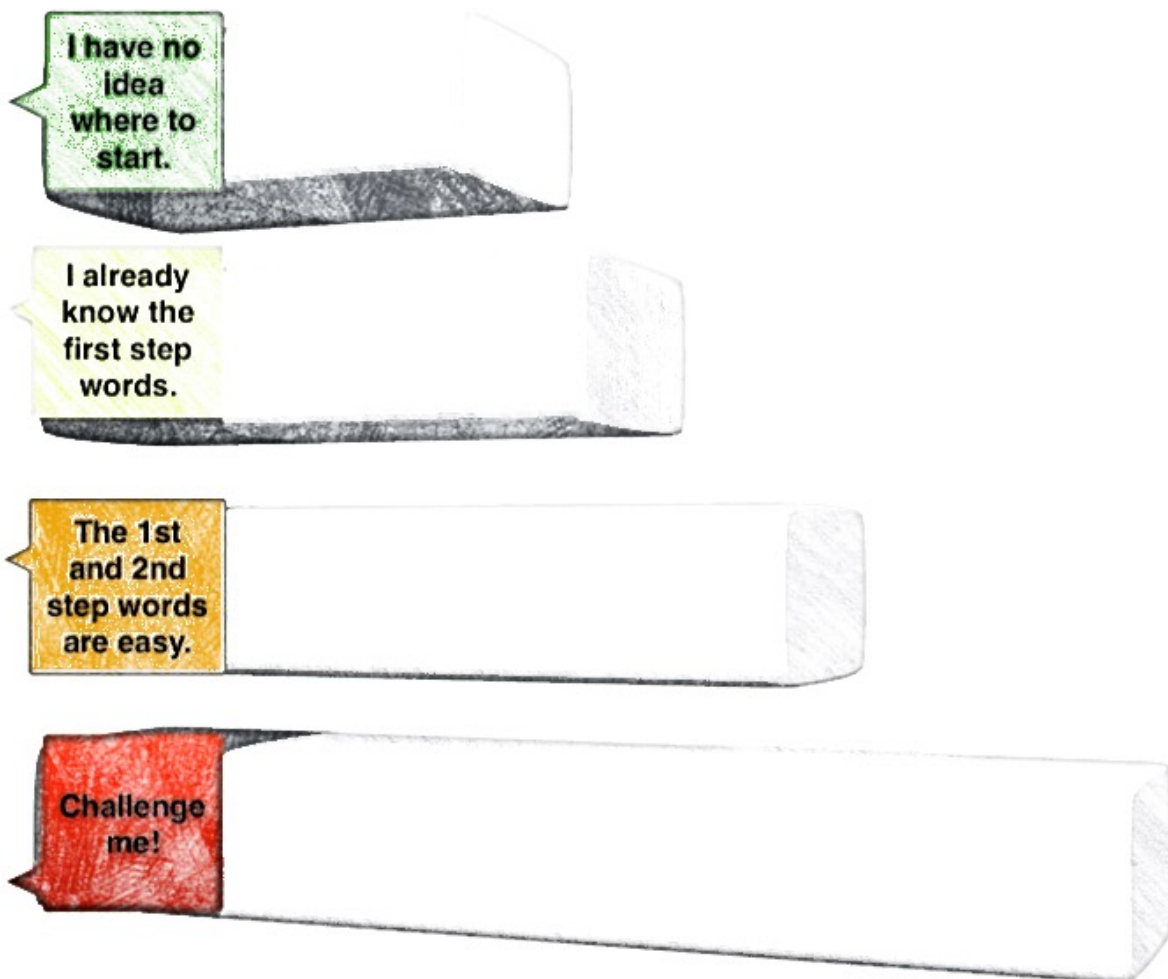




# Learning to Speak AAction Plan

A systematic approach to learning an augmentative and alternative communication (AAC) language system.



If you are in the world of AAC, you've probably heard of aided language input (also called modeling and aided language stimulation). The field of AAC as a whole agrees that aided language input is an important strategy to integrate into your AAC implementation.

In fact, if your child/client has a form, any form, of AAC, immersing that individual in the language that you expect him/her to speak is the most important thing you can do.

Isn't that great news? As someone who wants to support the AAC user(s) in your life, you can implement the most important support with absolutely no pressure on THEM. You have complete control over the amount of aided language input that YOU provide each day.

THEY don't have to cooperate.

THEY don't have to touch the device... *and they especially don't need you to pull their hand over and force them to activate a button!*

THEY don't even have to appear to be paying attention.

If you're going to teach, you have to know more or different information than the learner.

So, here's a plan. An organized, streamlined, effective plan for speaking AAC in 10 minutes (or less) each day. It's a system that may already be familiar to you, and you can start right now, regardless of where you are in your AAC journey.

### **Here's the plan:**

You know how there are mini lessons for kids to learn their spelling words each night? Well, let's try that type of targeted approach for parents/professionals to learn to speak AAC so that you can begin modeling this week.

There will be 5 words a week. Each day of the week, the mini-lesson practice schedule is the same.

Monday: **Get acquainted with the new words:** Find (and open) each of the 5 words

Tuesday: **Cement the motor plan into your memory for each word:** Say each word 5 times in a row.

Wednesday: **Generalize the location of the words by changing the order:** Say the words alphabetically.

Thursday: **Use the words functionally:** Say 3 phrases/sentences making sure each of the words is used at least once

Friday: **Test yourself!** I'll post 3 sentences using the words from that week (and the previous weeks) and you say them (without using the search feature).

The weekends are for make ups and more modeling attempts.

Additionally, with the way this resource has been created, you can go back over the next 12 weeks and target the levels above the ones you've targeted during the initial 12 weeks. If you started at Step 1, this plan can keep you busy learning vocabulary all year! Check out the week by week blog posts on our website: <https://www.speakforyourself.org/learning-to-speak-aaction-plan/learning-to-speak-aac/>

Hope this helps you and the AAC users in your life!

Feel free to contact me if you have changes or questions.

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# Learning to Speak AACtion Plan

Day of the week	Practice lesson	Notes
Monday	Find (and open)* each of the 5 words	
Tuesday	Say each word 5 times in a row.	
Wednesday	Say the words alphabetically.	
Thursday	Say 3 phrases/sentences making sure each of the words is used at least once	
Friday	Test yourself! I'll post 3 sentences using the words from that week (and the previous weeks) and you say them (without using the search feature).	
Weekends	Make ups and modeling attempts**	

\*If your AAC user may be overwhelmed by a lot of new vocabulary because of visual or fine motor difficulty, you may want to add a new user to your child's app/device, import a copy of the child's setting and practice there. Of course you can also practice on a different iPad if that's an option.

\*\* When you notice yourself verbally saying one of the weekly words in front of your child, touch it on his/her device as well. As soon as you do that, you've modeled/used aided language input!

## Learning to Speak AAC

**What do you say?**

Choose the step that best describes how you feel about modeling on an AAC device.

- I have no idea where to start.
- I already know the first step words.
- The 1st and 2nd step words are easy.
- Challenge me!

# Learning to Speak AAction Plan: Week 1

I have no idea where to start.

eat drink  
stop go  
more

**What do you say?**

I already know the first step words.

chips\* water\*  
it away please

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

hungry thirsty  
all done leave again

Challenge me!

feed it refill drink finished chips\*  
move please another water\*

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 1

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP  
1

Eat more.  
Stop eat(ing).  
Go drink more.

STEP  
2

Go away please!  
Eat more chips\*.  
It drink(s) water\*.

STEP  
3

Thirsty, drink water please.  
Hungry, eat chips again.  
Leave it, all done.

STEP  
4

It hungry, feed it.  
Move please, go drink another water.  
Finished chips, all done eat(ing).

Now celebrate! You're combining words in less than a week! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 2

I have no idea where to start.

want help  
not mine  
do

**What do you say?**

I already know the first step words.

some me  
now toy\* that

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

need fix don't  
give make

Challenge me!

wish toy\* open that do nothing now  
my toy\* help me build

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 2

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP

1

Stop! Do not want help.  
Go eat mine.  
Do not drink more.

STEP

2

Want that toy\* now please!  
Help me drink some water\*.  
That toy\* not mine.

STEP

3

Not thirsty now, don't give me water\*.  
Please don't make me eat that.  
Need some help fix(ing) that toy?

STEP

4

Help me build my toy\* now, go open that please.  
Wish give me another toy\* that toy need(s)  
fix(ed).  
Want do nothing now, please don't make me!

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after only 2 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 3

I have no idea where to start.

like  
bathroom it  
turn again

**What do you say?**

I already know the first step words.

activity\* break  
is around ready

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

favorite walk this  
change same

Challenge me!

enjoy this activity\* take bathroom  
break my favorite thing  
want another turn

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 3

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP  
1

Like it! Do it again!  
Want go bathroom.  
Do not turn it again!

STEP  
2

Help me turn it around please.  
Is it ready now?  
Want break, do that activity\* please.

STEP  
3

Do this same activity\* again.  
Please change activity\*, want favorite toy\*  
Walk away, give me break.

STEP  
4

Enjoy this activity, it is my favorite thing.  
Take another turn, spin that around!  
Need bathroom break now!

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after only 3 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 4

I have no idea where to start.

to come  
look get  
play

**What do you say?**

I already know the first step words.

home\* here there  
together game\*

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

at stay see  
buy jump

Challenge me!

come through to see meet at home  
Watch me! Bring that here!  
fun get together

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 4

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP  
1

Want to come look?  
Play it again!  
Go get it.

STEP  
2

Want to go to the home game?  
Ready to go there together?  
Here is that game\*.

STEP  
3

Want to stay at home to play.  
Like to see me jump?  
Buy that toy\* now please.

STEP  
4

Come through here to watch me.  
Meet me here, bring that toy.  
This is fun!

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after only 4 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 5

I have no idea where to start.

put on  
off I you

**What do you say?**

I already know the first step words.

place\* top take  
know can

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

sit open close  
we your

Challenge me!

carry that here. Put it next to that toy. I like to go outside. I do it myself. Do it yourself!

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 5

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

**STEP**  
**1**

Turn it on again.  
Do you want it off?  
I want you to put it on.

**STEP**  
**2**

Can you put that on top?  
I know I can take it to that place\*.  
Take mine away please.

**STEP**  
**3**

We can open your toy\* together.  
Can you sit on that?  
Close it to turn it off.

**STEP**  
**4**

Carry that here to put it on top.  
You can put it next to that toy\* yourself.  
I can take it outside myself.

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after only 5 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 6

I have no idea where to start.

need feel  
break up  
down

**What do you say?**

I already know the first step words.

time happy the  
under over

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

call sad cut  
above below

Challenge me!

Ask to play Don't touch that!  
Time to relax! On top of that  
On the bottom

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 6

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP

1

Do you feel like you need a break?  
Get up to come look.  
Turn it down more.

STEP

2

I want more time to play the game\*.  
Come over here to feel happy.  
Put it under there.

STEP

3

We need to cut it below there.  
Don't make me sad. Call me.  
Leave it above that.

STEP

4

Ask me to come over, it is time to relax.  
Please don't touch the top of that again.  
I put it on the bottom.

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after only 6 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 7

I have no idea where to start.

what with  
in out done

**What do you say?**

I already know the first step words.

are friend\*  
home\* later  
already

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

which and inside  
outside enough

Challenge me!

Who are your friends? Is that for later? Go this way!  
Left with a friend It is full.

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 7

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP  
1

What do you like with it?  
Stop in to drink.  
Get it done to go out.

STEP  
2

What are you do(ing) later?  
I already know that.  
Can I go home\* with friend\*?

STEP  
3

Which do you want to take outside?  
Come inside and eat now.  
Make enough to give your friend\* some.

STEP  
4

Who are you going out with later?  
We left to go for (a) walk this way.  
You are full already?

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after only 7 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 8

I have no idea where to start.

favorite  
read music\*  
love fun

**What do you say?**

I already know the first step words.

name of: show  
book, song,  
person, toy

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

best book  
song family  
character's name

Challenge me!

Like it most I can learn to read!  
Sing me that song. My family is awesome!  
Elmo\* is my favorite!

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 8

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP  
1

Put on fun music\* again!  
Sit down and read (my) favorite.  
I love you more.

STEP  
2

(Person's name) is home read(ing) (name of book).  
Can you turn on (name of show)?  
(Name of toy) plays (name of song) over there.

STEP  
3

(Name of book) is the best book.  
Call your family and play the song.  
(Character name) is on (name of show).

STEP  
4

Sing my favorite song please.  
I learn the most outside.  
My awesome family is at home.

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after 8 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 9

**What do you say?**

Choose the step that best describes how you feel about modeling on an AAC device.

**I have no idea where to start.** tired excited am sleep let

**I already know the first step words.** of about so bed\* animal\*

**The 1st and 2nd step words are easy.** bored great was relax could

**Challenge me!** That exhausted me. It is amazing! You were bored. Need to rest I'm not allowed.

\*feel free to substitute a different noun that's a favorite of your child's/client's.

# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 9

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP

1

I am tired.  
I can let you sleep.  
Do you feel excited?

STEP

2

I am excited about (Person's name) coming.  
Do you let that animal sleep in bed\*?  
I am so tired of (name of show).

STEP

3

I was tired and bored there.  
Could you relax with me?  
(Name of book) was a great book!

STEP

4

I'm not allowed to eat that.  
That exhausted me, and I need to rest.  
I know you were excited! It was amazing!

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after 9 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 10

I have no idea where to start.

all try  
work time  
have

**What do you say?**

I already know the first step words.

gone easy  
hard today  
sports\*

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

every taste  
use yesterday hold

Challenge me!

have a lot to do do my best  
It is a job. tomorrow we can  
my own time

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 10

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP

1

Try to read it all.  
Get work done to go out.  
Do you have time to have fun?

STEP

2

Is it gone already?  
Today I am play(ing) sports\*.  
Work is easy. I try hard to read.

STEP

3

Yesterday you wanted to use my (name of toy).  
Please taste some and you can get up.  
I am on hold every time I call.

STEP

4

I can do my best to have it done tomorrow.  
I have a lot to do at my job today.  
Do you own that game\*?

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after 10 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 11

I have no idea where to start.

when any ride for wear

**What do you say?**

I already know the first step words.

ever candy\*  
car\* sure  
shoes\*

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

where anything drive as tie

Challenge me!

Why did you do that? Drive me anywhere! Can it move? because I am sure don't want clothes

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 11

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP  
1

Look what I have for you to wear.  
When do you want to go for (a) ride?  
I do not need any sleep.

STEP  
2

Sure you can ride in that car\*.  
Do you ever have any hard candy\*?  
Put the shoes\* away please.

STEP  
3

Where could I drive?  
Is anything as fun as (name of toy)?  
Tie my shoes please.

STEP  
4

Why did you move it?  
Anywhere you want to drive is great for me!  
I go because I like to buy clothes.

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now celebrate! Look at those sentences after 11 weeks! You're ready to show off for the AAC users in your life! Here's to a weekend full of modeling!

# Learning to Speak AAction Plan: Week 12

I have no idea where to start.

color find  
different  
sick good

**What do you say?**

I already know the first step words.

(choose a color)  
something movie\*  
seem night\*

Choose the step that best describes how you feel about modeling on an AAC device.

The 1st and 2nd step words are easy.

draw think  
new hurt better

Challenge me!

Paint with me. Help me reach it.  
You are exceptional! I am in pain.  
I feel fine.

\*feel free to substitute a different noun that's a favorite of your child's/client's.

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# Learning to Speak AACtion Plan

## Test Yourself sentences

### Week 12

Choose the Step you've been targeting this week and say each sentence using your child/client's AAC system.

STEP  
1

Help me find (a) different color please.  
I am sick. I need sleep.  
I feel good when I go out.

STEP  
2

Yellow\* shoes\* are fun!  
You seem happy about that movie\*.  
It is a good night\* to do something.

STEP  
3

Can you think of and draw a new animal\*?  
I could get hurt play(ing) sports\*.  
Is anything better at work?

STEP  
4

Tell me when you are in pain.  
I feel fine when I paint.  
You can reach it because you are exceptional!

\*Feel free to substitute a different noun that's a favorite of your child's/client's

Now  
celebrate! You've completed all 12 weeks of the Learning to Speak AACtion Plan! Look at those sentences after 12 weeks! You're ready to show off for the

# Learning to Speak AAction Plan Master List

	Step 1	Step 2	Step 3	Step 4
<b>Week 1</b>	eat	chips*	hungry	feed it
	drink	water*	thirsty	refill drink
	stop	it	all done	finished chips*
	go	away	leave	move please
	more	please	again	another water*
<b>Week 2</b>	want	some	need	wish toy*
	help	me	fix	open that
	not	now	don't	do nothing now
	mine	toy*	give	my toy*
	do	that	make	help me build
<b>Week 3</b>	like	activity*	favorite	enjoy this activity*
	bathroom	break	walk	take bathroom break
	it	is	this	my favorite thing
	turn	around	change	spin it around
	again	ready	same	want another turn
<b>Week 4</b>	to	home*	at	come through to see
	come	here	stay	meet at home
	look	there	see	Watch me!
	get	together	buy	Bring that here!
	play	game*	jump	fun get together
<b>Week 5</b>	put	place*	sit	Carry that here
	on	top	open	Put it next to that toy*
	off	take	close	I like to go outside.
	I	know	we	I do it myself

	Step 1	Step 2	Step 3	Step 4
	you	can	your	Do it yourself
<b>Week 6</b>	need	time	call	Ask to play
	feel	happy	sad	Don't touch that!
	break	the	cut	Time to relax!
	up	over	above	On top of that
	down	under	below	On the bottom
<b>Week 7</b>	what	are	which	Who are your friends?
	with	friend*	and	Is that for later?
	in	home*	inside	Go this way
	out	later	outside	Left with the friend
	done	already	enough	It is full
<b>Week 8</b>	favorite	(name of show)	best	Like it most
	read	(name of book)	book	I can learn to read.
	music*	(name of song)	song	Sing me that song.
	love	(person's name)	family	My family is awesome!
	fun	(name of toy)	(character name)	Elmo* is my favorite!
<b>Week 9</b>	tired	of	bored	That exhausted me!
	excited	about	great	It is amazing!
	am	so	was	You were bored
	sleep	bed*	relax	Need to rest
	let	animal*	could	I'm not allowed
<b>Week 10</b>	all	gone	every	have a lot to do
	try	hard	taste	Do my best
	work	easy	use	It is a job.

	Step 1	Step 2	Step 3	Step 4
	time	today	yesterday	Tomorrow we can
	have	sports*	hold	My own time
<b>Week 11</b>	when	ever	where	Why did you do that?
	any	candy*	anything	Drive me anywhere!
	ride	car*	drive	Can it move?
	for	sure	as	Because I am sure
	wear	shoes*	tie	Don't want clothes
<b>Week 12</b>	color	(choose a color)*	draw	Paint with me
	find	something	think	Help me reach it.
	different	movie*	new	You are exceptional!
	sick	seem	hurt	I am in pain.
	good	night*	better	I feel fine.